CYBERSMART AQUATICS

YOUR TEAM. YOUR RACES. YOUR NEXT STEP.

CTA DISTRICT B CHAMPS

2026/2027 | LEVEL 2 | GALA GUIDE v3

28-29 November 2026

UWC Swimming Pool, Bellville, Cape Town

Long course (50m) | Two sessions

CTA reports dated 18 November 2026

17	119	2
OUR SWIMMERS	INDIVIDUAL ENTRIES	DAYS OF RACING

Race with purpose. Grow together.

Your club-specific weekend guide: the session plan, event order, personal race cards, published heat/lane allocations and age-correct qualification goals.

WEEKEND PLAN | MY RACES | NEXT GOALS

Both days start at 09:00

Arrive 07:30 | Warm-up target 07:45.
Saturday's new 09:00 start replaces the website's earlier 08:30. Sunday morning is confirmed by Balint; the report's PM labels have been corrected in this guide.

A separate, unchanged original psych sheet is supplied for studying the full field. All allocations and event estimates remain provisional until the final programme.

NEW IN V3: OFFICIALS' DUTIES

YOUR WEEKEND

Arrive. Prepare. Race.

UWC Swimming Pool, Bellville | Club plan + current CTA reports

SATURDAY 28 NOVEMBER | SESSION 1

07:30	07:45	09:00
ARRIVE	WARM-UP TARGET	RACING STARTS

Estimated finish 14:17

64 Cybersmart entries

SUNDAY 29 NOVEMBER | SESSION 2

07:30	07:45	09:00
ARRIVE	WARM-UP TARGET	RACING STARTS

Estimated finish 13:49

55 Cybersmart entries

Sunday timing correction: CTA printed 09:00 PM. Balint confirmed 09:00 AM on 18 November. Sunday's event and finish estimates here are shifted 12 hours earlier; the event order is unchanged.

Club timing, not an organiser access slot

Arrival 90 minutes and the warm-up target 75 minutes before the session follow the club's standing plan. Pool-access/warm-up slots are not stated in the supplied reports. Follow any coach update.

Bring your Cybersmart kit

Cybersmart Aquatics gear, swimwear, cap, goggles, dry towels and warm layers for between races. Keep your race card handy and check in with the coach.

No Cybersmart relay entries are listed in the current race reports.

CYBERSMART OFFICIALS' DUTIES

PROVISIONAL EVENT TIMETABLE

Saturday, 28 November

Event estimates are first-heat starts, not your individual race time.

09:00 start | Estimated finish 14:17

EVENT	EST.	PROGRAMME	CYBE
101	09:00	200m Breast	7
102	10:06	50m Fly	12
103	10:33	100m Back	9
5-MINUTE BREAK			
104	11:28	200m IM	15
105	12:41	50m Breast	8
106	13:10	100m Free	13
107	14:10	Mixed 13&U 200 Medley Relay	-
108	14:13	Mixed 14&O 200 Medley Relay	-

CYBE = Cybersmart individual entries. Relay events are shown as part of the full programme; no Cybersmart teams are currently listed. Heat interval: 30 seconds, with Backstroke +15 seconds.

The session report and psych sheet agree on the full individual field counts. Seeded draws may change; check the latest numbered guide and final programme.

PROVISIONAL EVENT TIMETABLE

Sunday, 29 November

Event estimates are first-heat starts, not your individual race time.

CYBERSMART AQUATICS

09:00 start | Estimated finish 13:49

EVENT	EST.	PROGRAMME	CYBE
201	09:00	200m Free	14
202	10:18	50m Back	8
203	10:46	100m Breast	7
15-MINUTE BREAK			
204	11:51	100m Fly	6
205	12:10	200m Back	11
206	13:05	50m Free	9
207	13:38	Women 13&U 200 Free Relay	-
208	13:41	Men 13&U 200 Free Relay	-
209	13:44	Women 14&O 200 Free Relay	-
210	13:46	Men 14&O 200 Free Relay	-

CYBE = Cybersmart individual entries. Relay events are shown as part of the full programme; no Cybersmart teams are currently listed. Heat interval: 30 seconds, with Backstroke +15 seconds.

Sunday morning confirmed by Balint. The original session report's PM/midnight labels were shifted 12 hours earlier in this guide. Estimated event intervals are retained.

YOUR TEAM

Find your swimmer

Tap a name to open the personal race card.

Faye Bowring — 6 races | Meet age 11 | Level 2 target — p7

Erin-Lee Brooks — 5 races | Meet age 10 | Level 2 target — p8

Leo Chen — 6 races | Meet age 11 | Level 2 target — p9

Melody Coetzee — 8 races | Meet age 13 | Level 3 target — p10

Luci Court — 4 races | Meet age 11 | Level 2 target — p11

Ella De Nobrega — 8 races | Meet age 12 | Level 2 target — p12

Marcel Goossens — 6 races | Meet age 11 | Level 2 target — p13

Nazrin Klink — 8 races | Meet age 10 | Level 2 target — p14

Tyrese Klink — 8 races | Meet age 14 | Level 2 target — p15

You-Rong N Lu — 8 races | Meet age 12 | Level 3 target — p16

Iyla Mesais — 5 races | Meet age 14 | Level 3 target — p17

Ethan Morrison — 9 races | Meet age 11 | Level 3 target — p18

Connor November — 9 races | Meet age 13 | Level 3 target — p19

Annie Tian — 7 races | Meet age 9 | Level 3 target — p20

Gabriel J Witten — 6 races | Meet age 13 | Level 3 target — p21

Bo-Lin Wu — 8 races | Meet age 12 | Level 3 target — p22

Hanwen Zhang — 8 races | Meet age 11 | Level 3 target — p23

Targets follow the latest club instructions: nine swimmers use Level 3 comparisons; eight use Level 2. Championship ages are calculated on the relevant first day. Under-11 swimmers use the 11 & Under Level 3 reference, not an invented age. Dates of birth remain private.

Your next-step goals

Long-course targets | SSA v5 | Cybersmart QT Guide v3

A clear target for each entered race

Each race card compares the published entry seed with the official LC time reference for the swimmer's approved target level and age on the first championship day.

Time to improve

Entry seed minus LC target, calculated to 0.01 seconds. At or inside the time reference, the card shows 0.00s needed and the margin inside.

A planning comparison, not a qualification certificate

This is a long-course meet. The entry reports do not certify the seed's original swim date or course. No SC-to-LC conversion is used, and an undated seed does not establish a valid qualifying-window performance.

No direct Level 3 QT for 50m events

Under SSA rule 4.8.4, Level 3 50m events have no direct time QT. Do not turn the points cells into time standards. Qualification in another event and database-time rules still apply.

Age changes and other requirements

Level 2 uses 5 April 2027; Level 3 WC uses 26 March 2027. Ages are recalculated from private DOB records. Both levels require a 200m IM time on the SSA database, plus the other applicable entry requirements.

Read the psych numbers correctly

List # follows the report's mixed slow-to-fast order. It is not an age-group placing or a fastest-first ranking. Heat/lane values come from the entry report and remain provisional until the final programme.

Current hosted QT Guide v3 and official SSA rules v5 (30 October) were rechecked on 18 November. All targets used here match those verified references.

PERSONAL RACE CARD

Faye Bowring

Meet age 11 | 6 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 12

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H9 / L3

45.07 Sat 10:06 event est. List #63

Level 2 LC QT 44.01 | 1.06s to improve

#104 200m IM — H5 / L3

3:40.20 Sat 11:28 event est. List #38

Level 2 LC QT 3:30.20 | 10.00s to improve

#106 100m Freestyle — H11 / L5

1:25.92 Sat 13:10 event est. List #81

Level 2 LC QT 1:21.23 | 4.69s to improve

#202 50m Backstroke — H6 / L6

46.23 Sun 10:18 event est. List #43

Level 2 LC QT 43.10 | 3.13s to improve

#205 200m Backstroke — H2 / L6

3:52.11 Sun 12:10 event est. List #8

Level 2 LC QT 3:36.11 | 16.00s to improve

#206 50m Freestyle — H9 / L4

38.73 Sun 13:05 event est. List #67

Level 2 LC QT 35.63 | 3.10s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Erin-Lee Brooks

Meet age 10 | 5 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 11

5-7 April 2027 | Listed seeds are not certified qualifying results.

#104 200m IM — H3 / L4

3:49.00 Sat 11:28 event est. List #24

Level 2 LC QT 3:40.94 | 8.06s to improve

#105 50m Breaststroke — H2 / L4

57.26 Sat 12:41 event est. List #10

Level 2 LC QT 51.65 | 5.61s to improve

#106 100m Freestyle — H3 / L7

1:42.28 Sat 13:10 event est. List #13

Level 2 LC QT 1:26.18 | 16.10s to improve

#201 200m Freestyle — H6 / L1

3:23.46 Sun 09:00 event est. List #38

Level 2 LC QT 3:21.03 | 2.43s to improve

#203 100m Breaststroke — H2 / L3

2:06.06 Sun 10:46 event est. List #14

Level 2 LC QT 1:54.00 | 12.06s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Leo Chen

Meet age 11 | 6 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 11

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H4 / L1

51.99 Sat 10:06 event est. List #19

Level 2 LC QT 50.00 | 1.99s to improve

#103 100m Backstroke — H3 / L6

1:50.09 Sat 10:33 event est. List #14

Level 2 LC QT 1:47.05 | 3.04s to improve

#105 50m Breaststroke — H5 / L8

55.57 Sat 12:41 event est. List #27

Level 2 LC QT 54.00 | 1.57s to improve

#106 100m Freestyle — H8 / L1

1:31.19 Sat 13:10 event est. List #52

Level 2 LC QT 1:26.57 | 4.62s to improve

#201 200m Freestyle — H5 / L1

3:27.15 Sun 09:00 event est. List #30

Level 2 LC QT 3:35.53 | 0.00s needed; 8.38s inside

#202 50m Backstroke — H1 / L2

57.13 Sun 10:18 event est. List #2

Level 2 LC QT 47.23 | 9.90s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Melody Coetzee

Meet age 13 | 8 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 13

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H10 / L6

3:39.75 Sat 09:00 event est. List #76

Level 3 LC QT 3:17.07 | 22.68s to improve

#103 100m Backstroke — H18 / L6

1:24.65 Sat 10:33 event est. List #134

Level 3 LC QT 1:21.85 | 2.80s to improve

#104 200m IM — H16 / L3

3:06.84 Sat 11:28 event est. List #126

Level 3 LC QT 3:00.09 | 6.75s to improve

#106 100m Freestyle — H25 / L6

1:13.08 Sat 13:10 event est. List #191

Level 3 LC QT 1:10.18 | 2.90s to improve

#201 200m Freestyle — H16 / L5

2:51.47 Sun 09:00 event est. List #123

Level 3 LC QT 2:32.31 | 19.16s to improve

#202 50m Backstroke — H15 / L5

38.67 Sun 10:18 event est. List #117

No direct Level 3 QT for this 50m event; database-time rules apply.

#205 200m Backstroke — H11 / L2

3:01.70 Sun 12:10 event est. List #79

Level 3 LC QT 2:56.43 | 5.27s to improve

#206 50m Freestyle — H14 / L1

37.15 Sun 13:05 event est. List #101

No direct Level 3 QT for this 50m event; database-time rules apply.

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Luci Court

Meet age 11 | 4 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 11

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H6 / L8

49.02 Sat 10:06 event est. List #34

Level 2 LC QT 50.09 | 0.00s needed; 1.07s inside

#104 200m IM — H5 / L1

3:43.54 Sat 11:28 event est. List #34

Level 2 LC QT 3:40.94 | 2.60s to improve

#105 50m Breaststroke — H3 / L7

56.98 Sat 12:41 event est. List #13

Level 2 LC QT 51.65 | 5.33s to improve

#106 100m Freestyle — H7 / L8

1:33.50 Sat 13:10 event est. List #43

Level 2 LC QT 1:26.18 | 7.32s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Ella De Nobrega

Meet age 12 | 8 individual races | Level 2 gala

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LEVEL 2 TARGET

Championship age 13

5-7 April 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H6 / L1

3:56.62 Sat 09:00 event est. List #41

Level 2 LC QT 3:58.84 | 0.00s needed; 2.22s inside

#102 50m Butterfly — H8 / L8

46.66 Sat 10:06 event est. List #49

Level 2 LC QT 40.11 | 6.55s to improve

#104 200m IM — H9 / L8

3:29.65 Sat 11:28 event est. List #65

Level 2 LC QT 3:17.35 | 12.30s to improve

#105 50m Breaststroke — H9 / L1

51.54 Sat 12:41 event est. List #60

Level 2 LC QT 46.79 | 4.75s to improve

#201 200m Freestyle — H8 / L2

3:16.01 Sun 09:00 event est. List #56

Level 2 LC QT 2:51.14 | 24.87s to improve

#203 100m Breaststroke — H10 / L2

1:51.19 Sun 10:46 event est. List #76

Level 2 LC QT 1:44.22 | 6.97s to improve

#204 100m Butterfly — H2 / L2

1:52.44 Sun 11:51 event est. List #9

Level 2 LC QT 1:38.84 | 13.60s to improve

#206 50m Freestyle — H9 / L3

38.91 Sun 13:05 event est. List #65

Level 2 LC QT 33.99 | 4.92s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Marcel Goossens

Meet age 11 | 6 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 12

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H5 / L2

49.85 Sat 10:06 event est. List #29

Level 2 LC QT 45.28 | 4.57s to improve

#103 100m Backstroke — H2 / L3

1:55.62 Sat 10:33 event est. List #7

Level 2 LC QT 1:35.45 | 20.17s to improve

#105 50m Breaststroke — H8 / L4

51.75 Sat 12:41 event est. List #58

Level 2 LC QT 49.51 | 2.24s to improve

#106 100m Freestyle — H4 / L6

1:38.50 Sat 13:10 event est. List #23

Level 2 LC QT 1:18.95 | 19.55s to improve

#202 50m Backstroke — H2 / L1

52.99 Sun 10:18 event est. List #8

Level 2 LC QT 43.29 | 9.70s to improve

#203 100m Breaststroke — H5 / L2

2:00.13 Sun 10:46 event est. List #36

Level 2 LC QT 1:50.34 | 9.79s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Nazrin Klink

Meet age 10 | 8 individual races | Level 2 gala

LEVEL 2 TARGET

Championship age 11

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H11 / L6

43.66 Sat 10:06 event est. List #78

Level 2 LC QT 50.09 | 0.00s needed; 6.43s inside

#103 100m Backstroke — H4 / L6

1:47.12 Sat 10:33 event est. List #22

Level 2 LC QT 1:40.81 | 6.31s to improve

#104 200m IM — H6 / L4

3:35.28 Sat 11:28 event est. List #48

Level 2 LC QT 3:40.94 | 0.00s needed; 5.66s inside

#106 100m Freestyle — H5 / L2

1:35.22 Sat 13:10 event est. List #29

Level 2 LC QT 1:26.18 | 9.04s to improve

#201 200m Freestyle — H2 / L3

3:40.19 Sun 09:00 event est. List #10

Level 2 LC QT 3:21.03 | 19.16s to improve

#202 50m Backstroke — H9 / L4

44.43 Sun 10:18 event est. List #70

Level 2 LC QT 46.16 | 0.00s needed; 1.73s inside

#204 100m Butterfly — H3 / L1

1:47.05 Sun 11:51 event est. List #15

Level 2 LC QT 2:01.25 | 0.00s needed; 14.20s inside

#205 200m Backstroke — H5 / L6

3:33.66 Sun 12:10 event est. List #32

Level 2 LC QT 3:49.73 | 0.00s needed; 16.07s inside

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Tyrese Klink

Meet age 14 | 8 individual races | Level 2 gala

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LEVEL 2 TARGET

Championship age 14

5-7 April 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H18 / L4

36.21 Sat 10:06 event est. List #137

Level 2 LC QT 36.19 | 0.02s to improve

#103 100m Backstroke — H18 / L7

1:24.89 Sat 10:33 event est. List #132

Level 2 LC QT 1:27.37 | 0.00s needed; 2.48s inside

#104 200m IM — H15 / L7

3:11.36 Sat 11:28 event est. List #115

Level 2 LC QT 2:55.30 | 16.06s to improve

#106 100m Freestyle — H28 / L5

1:09.00 Sat 13:10 event est. List #217

Level 2 LC QT 1:08.27 | 0.73s to improve

#201 200m Freestyle — H19 / L6

2:41.50 Sun 09:00 event est. List #145

Level 2 LC QT 2:37.43 | 4.07s to improve

#202 50m Backstroke — H15 / L2

38.94 Sun 10:18 event est. List #114

Level 2 LC QT 38.22 | 0.72s to improve

#205 200m Backstroke — H10 / L5

3:04.62 Sun 12:10 event est. List #74

Level 2 LC QT 3:22.03 | 0.00s needed; 17.41s inside

#206 50m Freestyle — H23 / L2

33.45 Sun 13:05 event est. List #175

Level 2 LC QT 30.26 | 3.19s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

You-Rong N Lu

Meet age 12 | 8 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 13

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H8 / L6

3:46.92 Sat 09:00 event est. List #60

Level 3 LC QT 3:24.50 | 22.42s to improve

#102 50m Butterfly — H6 / L4

47.96 Sat 10:06 event est. List #41

No direct Level 3 QT for this 50m event; database-time rules apply.

#104 200m IM — H12 / L1

3:21.22 Sat 11:28 event est. List #90

Level 3 LC QT 2:48.33 | 32.89s to improve

#105 50m Breaststroke — H11 / L3

49.84 Sat 12:41 event est. List #80

No direct Level 3 QT for this 50m event; database-time rules apply.

#201 200m Freestyle — H12 / L2

3:02.39 Sun 09:00 event est. List #88

Level 3 LC QT 2:30.71 | 31.68s to improve

#203 100m Breaststroke — H12 / L7

1:47.22 Sun 10:46 event est. List #91

Level 3 LC QT 1:32.17 | 15.05s to improve

#204 100m Butterfly — H1 / L4

2:01.41 Sun 11:51 event est. List #5

Level 3 LC QT 1:18.50 | 42.91s to improve

#206 50m Freestyle — H14 / L6

37.01 Sun 13:05 event est. List #104

No direct Level 3 QT for this 50m event; database-time rules apply.

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Iyla Mesais

Meet age 14 | 5 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 14

26-29 March 2027 | Listed seeds are not certified qualifying results.

#104 200m IM — H14 / L8

3:17.46 Sat 11:28 event est. List #105

Level 3 LC QT 2:56.69 | 20.77s to improve

#106 100m Freestyle — H12 / L3

1:25.53 Sat 13:10 event est. List #88

Level 3 LC QT 1:09.04 | 16.49s to improve

#201 200m Freestyle — H13 / L1

3:01.54 Sun 09:00 event est. List #94

Level 3 LC QT 2:29.86 | 31.68s to improve

#203 100m Breaststroke — H15 / L1

1:42.00 Sun 10:46 event est. List #114

Level 3 LC QT 1:30.14 | 11.86s to improve

#205 200m Backstroke — H9 / L5

3:15.82 Sun 12:10 event est. List #66

Level 3 LC QT 2:53.10 | 22.72s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Ethan Morrison

Meet age 11 | 9 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 12

26-29 March 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H7 / L3

47.04 Sat 10:06 event est. List #47

No direct Level 3 QT for this 50m event; database-time rules apply.

#103 100m Backstroke — H9 / L3

1:39.16 Sat 10:33 event est. List #63

Level 3 LC QT 1:24.71 | 14.45s to improve

#104 200m IM — H8 / L2

3:30.06 Sat 11:28 event est. List #60

Level 3 LC QT 3:02.19 | 27.87s to improve

#106 100m Freestyle — H19 / L1

1:20.33 Sat 13:10 event est. List #140

Level 3 LC QT 1:12.15 | 8.18s to improve

#201 200m Freestyle — H15 / L3

2:54.59 Sun 09:00 event est. List #114

Level 3 LC QT 2:45.29 | 9.30s to improve

#202 50m Backstroke — H10 / L1

44.23 Sun 10:18 event est. List #72

No direct Level 3 QT for this 50m event; database-time rules apply.

#204 100m Butterfly — H4 / L1

1:44.10 Sun 11:51 event est. List #23

Level 3 LC QT 1:26.78 | 17.32s to improve

#205 200m Backstroke — H8 / L8

3:21.64 Sun 12:10 event est. List #52

Level 3 LC QT 3:02.67 | 18.97s to improve

#206 50m Freestyle — H13 / L3

37.30 Sun 13:05 event est. List #97

No direct Level 3 QT for this 50m event; database-time rules apply.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Connor November

Meet age 13 | 9 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 13

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H12 / L1

3:34.26 Sat 09:00 event est. List #89

Level 3 LC QT 3:24.50 | 9.76s to improve

#102 50m Butterfly — H16 / L2

39.26 Sat 10:06 event est. List #117

No direct Level 3 QT for this 50m event; database-time rules apply.

#104 200m IM — H17 / L2

3:00.60 Sat 11:28 event est. List #132

Level 3 LC QT 2:48.33 | 12.27s to improve

#106 100m Freestyle — H25 / L5

1:12.62 Sat 13:10 event est. List #193

Level 3 LC QT 1:08.55 | 4.07s to improve

#201 200m Freestyle — H19 / L3

2:40.31 Sun 09:00 event est. List #146

Level 3 LC QT 2:30.71 | 9.60s to improve

#203 100m Breaststroke — H17 / L4

1:38.32 Sun 10:46 event est. List #136

Level 3 LC QT 1:32.17 | 6.15s to improve

#204 100m Butterfly — H7 / L2

1:29.75 Sun 11:51 event est. List #49

Level 3 LC QT 1:18.50 | 11.25s to improve

#205 200m Backstroke — H10 / L3

3:06.57 Sun 12:10 event est. List #73

Level 3 LC QT 2:47.18 | 19.39s to improve

#206 50m Freestyle — H16 / L3

36.40 Sun 13:05 event est. List #121

No direct Level 3 QT for this 50m event; database-time rules apply.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Annie Tian

Meet age 9 | 7 individual races | Level 2 gala

LEVEL 3 TARGET

Championship age 9

26-29 March 2027 | Listed seeds are not certified qualifying results.

#102 50m Butterfly — H6 / L1

48.89 Sat 10:06 event est. List #35

No direct Level 3 QT for this 50m event; database-time rules apply.

#103 100m Backstroke — H5 / L7

1:46.14 Sat 10:33 event est. List #28

Level 3 LC QT 1:35.83 | 10.31s to improve

#104 200m IM — H4 / L3

3:45.94 Sat 11:28 event est. List #30

Level 3 LC QT 3:26.89 | 19.05s to improve

#106 100m Freestyle — H8 / L3

1:30.39 Sat 13:10 event est. List #56

Level 3 LC QT 1:16.40 | 13.99s to improve

#201 200m Freestyle — H4 / L6

3:31.41 Sun 09:00 event est. List #25

Level 3 LC QT 2:51.39 | 40.02s to improve

#205 200m Backstroke — H2 / L4

3:49.65 Sun 12:10 event est. List #11

Level 3 LC QT 3:16.26 | 33.39s to improve

#206 50m Freestyle — H5 / L5

41.47 Sun 13:05 event est. List #34

No direct Level 3 QT for this 50m event; database-time rules apply.

Level 3 comparison uses the 11 & Under time standards. Championship age remains 9. This target comparison does not establish full entry eligibility.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Gabriel J Witten

Meet age 13 | 6 individual races | Level 2 gala

CYBERSMART AQUATICS

LEVEL 3 TARGET

Championship age 14

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H9 / L1

3:44.44 Sat 09:00 event est. List #65

Level 3 LC QT 3:03.45 | 40.99s to improve

#103 100m Backstroke — H16 / L2

1:28.81 Sat 10:33 event est. List #117

Level 3 LC QT 1:15.43 | 13.38s to improve

#104 200m IM — H12 / L3

3:20.74 Sat 11:28 event est. List #94

Level 3 LC QT 2:44.75 | 35.99s to improve

#106 100m Freestyle — H22 / L3

1:16.81 Sat 13:10 event est. List #168

Level 3 LC QT 1:03.50 | 13.31s to improve

#201 200m Freestyle — H18 / L5

2:43.07 Sun 09:00 event est. List #139

Level 3 LC QT 2:19.60 | 23.47s to improve

#205 200m Backstroke — H10 / L8

3:15.18 Sun 12:10 event est. List #68

Level 3 LC QT 2:43.62 | 31.56s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Bo-Lin Wu

Meet age 12 | 8 individual races | Level 2 gala

CYBERSMART AQUATICS

LEVEL 3 TARGET

Championship age 12

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H11 / L6

3:35.33 Sat 09:00 event est. List #84

Level 3 LC QT 3:27.54 | 7.79s to improve

#102 50m Butterfly — H14 / L2

41.11 Sat 10:06 event est. List #101

No direct Level 3 QT for this 50m event; database-time rules apply.

#104 200m IM — H10 / L8

3:27.38 Sat 11:28 event est. List #73

Level 3 LC QT 3:02.19 | 25.19s to improve

#105 50m Breaststroke — H14 / L8

48.40 Sat 12:41 event est. List #99

No direct Level 3 QT for this 50m event; database-time rules apply.

#201 200m Freestyle — H7 / L3

3:17.93 Sun 09:00 event est. List #50

Level 3 LC QT 2:45.29 | 32.64s to improve

#202 50m Backstroke — H12 / L8

42.11 Sun 10:18 event est. List #87

No direct Level 3 QT for this 50m event; database-time rules apply.

#204 100m Butterfly — H3 / L2

1:46.71 Sun 11:51 event est. List #17

Level 3 LC QT 1:26.78 | 19.93s to improve

#205 200m Backstroke — H8 / L5

3:18.91 Sun 12:10 event est. List #58

Level 3 LC QT 3:02.67 | 16.24s to improve

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

PERSONAL RACE CARD

Hanwen Zhang

Meet age 11 | 8 individual races | Level 2 gala

CYBERSMART AQUATICS

LEVEL 3 TARGET

Championship age 11

26-29 March 2027 | Listed seeds are not certified qualifying results.

#101 200m Breaststroke — H10 / L5

3:39.54 Sat 09:00 event est. List #78

Level 3 LC QT 3:40.53 | 0.00s needed; 0.99s inside

#103 100m Backstroke — H13 / L7

1:34.88 Sat 10:33 event est. List #92

Level 3 LC QT 1:33.42 | 1.46s to improve

#104 200m IM — H11 / L2

3:23.78 Sat 11:28 event est. List #84

Level 3 LC QT 3:21.65 | 2.13s to improve

#105 50m Breaststroke — H18 / L2

45.26 Sat 12:41 event est. List #134

No direct Level 3 QT for this 50m event; database-time rules apply.

#201 200m Freestyle — H10 / L7

3:09.01 Sun 09:00 event est. List #71

Level 3 LC QT 2:48.96 | 20.05s to improve

#203 100m Breaststroke — H15 / L6

1:41.55 Sun 10:46 event est. List #117

Level 3 LC QT 1:42.68 | 0.00s needed; 1.13s inside

#205 200m Backstroke — H6 / L6

3:27.06 Sun 12:10 event est. List #40

Level 3 LC QT 3:14.68 | 12.38s to improve

#206 50m Freestyle — H10 / L5

38.45 Sun 13:05 event est. List #74

No direct Level 3 QT for this 50m event; database-time rules apply.

Practise the details. Check in with the coach. Support your teammates. Review the race afterwards - each swim adds information for your next step.

H = heat; L = lane. Event estimates are not personal heat start times.
Psych-list numbers are mixed slow-to-fast order, not age-group rankings.

Officials’ duties

CTA District B Champs | UWC Swimming Pool, Bellville

SESSION 1

Saturday, 28 November

Tanya Bowring	Timekeeper | Lane 4
Bernadetta Coetzee	Reserve timekeeper
Shirley Johnathen	Reserve timekeeper
Shene Wittren	Reserve timekeeper

SESSION 2

Sunday, 29 November

Estee-Lyn De Nobrega	Timekeeper | Lane 2
Daniella Morrison	Timekeeper | Lane 3

Officials’ reporting: CTA’s lists do not specify a sign-in or briefing time. If you’re assigned or on reserve, please confirm where and when to report in the gala WhatsApp group.

Based on the two CTA officials sheets; only Cybersmart (CYBE) rows are shown. Reserve timekeepers are not assigned a lane in the lists.

BACK TO WEEKEND PLAN

Sources and updates

Version 3 | Prepared 24 November 2026

Three current federation reports

All dated 18 November: Team Entries (38 pages; Cybersmart on pages 15-16), Session Report (1 page), Psych Sheets (11 pages). All 119 Cybersmart entries match by swimmer, event, sex, age and seed. A second extraction method verifies every entry allocation.

Sunday timing correction

The session report prints Sunday as 09:00 PM and runs past midnight. Balint confirmed 09:00 AM on 18 November. The Sunday timetable here is shifted 12 hours earlier, preserving the event order and estimated intervals. Saturday's current start is 09:00, not the old website 08:30.

Arrival and warm-up

The 07:30 arrival and 07:45 warm-up target follow the club's 90/75-minute lead-in. These are club planning times; official pool-access slots have not been supplied.

Qualification references

The hosted club QT Guide v3 and official SSA rules v5 dated 30 October were downloaded on 18 November and byte-matched to verified references. Level 3 WC dates are 26-29 March 2027; Level 2 starts 5 April. All championship ages are recalculated, without publishing DOBs.

Original psych sheets - all clubs

A separate unchanged copy is included in the website package. It lets families study the full field while this guide keeps the focus on Cybersmart. The original PDF has not been highlighted, cropped or relabelled internally.

Officials' lists and future updates

The CTA Session 1 (3 pages) and Session 2 (2 pages) officials lists were added on 24 November. Only CYBE timekeepers and reserves are included. The race reports still show no Cybersmart relay entries. The swimmer cards and session plan are unchanged from v2.

Current event page

Current qualifying-times reference